



NETHRAJYOTI

Newsletter from the house of Radhatri Nethralaya

Volume 14 | Issue January 22 - March 23

Dear Patrons,

Greetings from the house of Radhatri Nethralaya!

Happy to bring you the happenings at our end in 2022 and early 2023, post COVID. There were a lot of unusual and difficult eye surgeries that we could treat and manage, conduct many camps to benefit the underprivileged, organise conferences, give lectures, in addition to continuation of all our routine comprehensive and speciality eye care. In these years, Radhatri Nethralaya organised two fund raisers: Nethra'22 and Nethra'23 to raise a corpus fund for the treatment of preterm babies with the blinding condition called ROP, in addition to RADNET 2012-22 and RADNET 2022-23 our annual continuing medical education programmes for doctors; all these four programmes were a huge success.

Our services were also recognised in many forums by several awards and Accolades; Of special mention is the Telangana State Chapter oration by Dr. Praveen Krishna for which he got a standing ovation from the attendees. Becoming an honorary Global Association of Physicians of Indian Origin (GAPIO) fellow, getting recognised with my spouse Dr. Praveen Krishna as the “Distinguished Ophthalmology Couple of India” and being the first recipient of the prestigious Dr. Badrinath Sankara Nethralaya Gold medal by the Tamil Nadu Ophthalmic Association were personally gratifying milestones as well.

As the years roll by and we step into the 15th year of eye care services, we hope to be able to deliver the same quality of eye care to all, irrespective of socioeconomic class which has been our guiding philosophy.

Spread the Light and Restore the smiles...

Happy Reading!

V. Vasumathy

Dr Vasumathy Vedantham
Medical Director, Radhatri Nethralaya





Spreading Knowledge

Dr. Vasumathy addressed the retina surgeons from Andhra Pradesh to speak on the latest treatment for age related macular degeneration: the blinding disease affecting the elderly.



Dr. Vasumathy addressing the Vitreoretinal surgeons of Bihar on the latest treatment for age related macular degeneration.



Dr. Vasumathy was a speaker on the latest treatment modality for the blinding disease affecting the aged: Age related macular degeneration and addressed Andhra Pradesh, Telangana and SRMC Medical college retina surgeons.



Dr. Vasumathy Faculty at Reticon 2023, gave a talk on the latest dyeless angiography of the retina and presented her new surgical technique of coconut fibre peeling of macular hole surgery.



Dr. Vasumathy addressing the students and faculty of Sadharam eye hospital, Hyderabad on the blinding condition affecting the aged: Age related macular degeneration.



Dr. Vasumathy at the Jaipur Ophthalmic Conference honoured as a national faculty with a Pagdi and shared her experience on a new molecule for diabetic retinopathy.



Dr. Vasumathy's publication in JCOR (journal of clinical ophthalmology and research) on the blinding disease affecting preterm babies: ROP.



Dr. Vasumathy at IFocus 2023 USI, New Delhi to train young postgraduates and gave a talk on a new injection for Diabetic Retinopathy.



Dr. Vasumathy Vedantham addressing the ESI doctors all over Tamilnadu on retinal disorder.



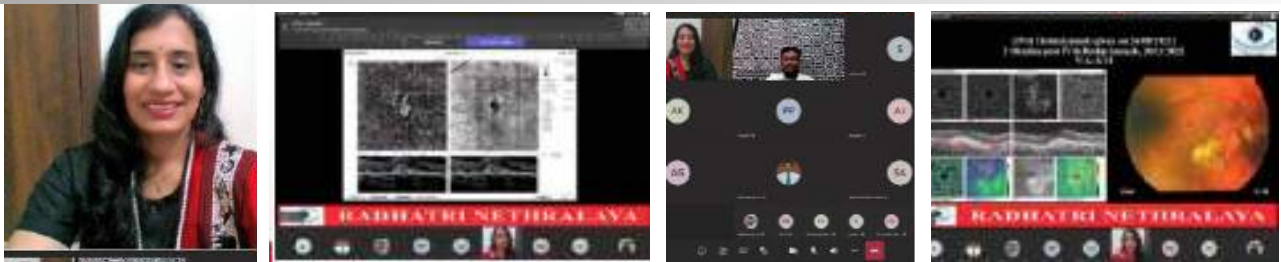
Dr. Vasumathy Vedantham addressing the doctors at ESI Medical college on Diabetic Retinopathy and felicitated by the Dean of the college.



Dr. Vasumathy addressing Delhi Retina surgeons and top Diabetologists of South India.



Dr. Vasumathy addressing the faculty of Aravind eye hospital on the blinding disease affecting the aged: Age related macular degeneration (AMD)



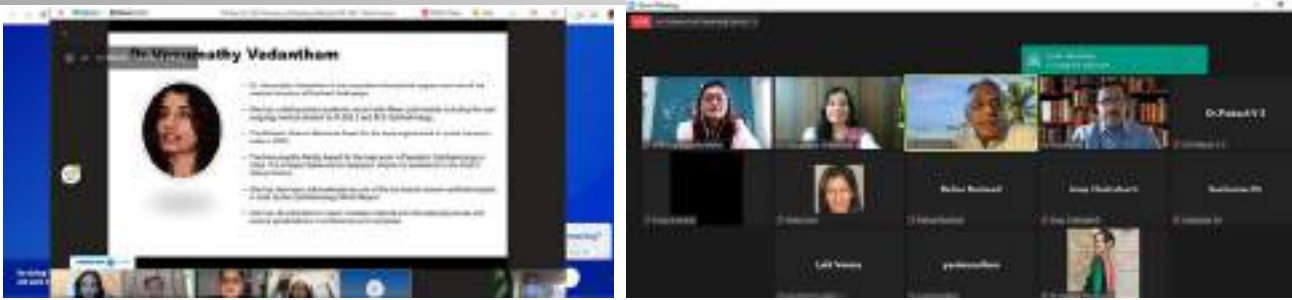
Dr. Vasumathy spoke on ROP: the blinding disease affecting the preterm babies to pediatricians all over India in Pedicon and AMD: the blinding disease affecting the elderly in a CME organised by Amrita Institute, Kochi.



All India Women's Ophthalmic Society meet on age related macular degeneration lectures and brainstorming and good banter with all the women retina surgeons.



Dr. Vasumathy lectured in the conference on latest concepts in age related macular degeneration: blindness in the elderly by Amrita Institute, Kochi



Drs Praveen Krishna & Vasumathy were conveners and speakers on Cataracts and Teleophthalmology in ROP at the All India Community Ophthalmologists Conference, ACOIN 2022 at Pahalgam, Kashmir on September 2022.



Dr. Vasumathy lectured in the conference on latest concepts in age related macular degeneration: blindness in the elderly with Retina surgeons from Chennai and USA



Dr. Vasumathy Vedantham with retina surgeons from Delhi, presenting clinical experience in the latest drug in the treatment of PCV to the Ophthalmologists in Delhi.



Accolades



Tamil Nadu Ophthalmic Association

Dear Dr. Vasumathy Vedantham
Greetings From TNOA,

It gives me immense pleasure to inform you madam, that the MC Meeting of TNOA on 19th March 2022 has bestowed on you the much coveted TNOA Dr. S S Badrinath SOA SN Alumni Medal 2022 on you, madam.

Congratulations Madam.

Kindly send us a small Bio data and a soft copy of your passport size photograph

Thanking You once again.

With Best Regards
DR. V. MADHAVAN
Hoay General Secretary,
Tamilnadu Ophthalmic Association



Dr. Vasumathy Vedantham was conferred the 1st ever prestigious Dr. Badrinath Sankara Nethralaya Gold medal for 20 years of her excellent work in Retina at the Tamil Nadu state conference at Coimbatore from the presidents of Tamil Nadu Ophthalmic Association & All India Ophthalmic Society KOVEYE in Aug 2022.



Drs Praveen Krishna and Vasumathy Vedantham were felicitated by the Indian Medical Association (IMA) on Doctors Day.



Dr. Vasumathy Vedantham received Muthu Penn 2023 award on Women's Day from the RMD group of Hospitals.



Dr. Vasumathy Vedantham elected as a honorary GAPIO Fellow: A prestigious recognition by GAPIO: Global Association of Physicians of Indian Origin.



Dr. Praveen Krishna, Medical Director, Radhatri Nethralaya received the prestigious Dr. D.L. Reddy Memorial ACOIN Telangana State Chapter Oration award 2022 at Sarojini Devi Eye Hospital and Regional Institute of Ophthalmology, Hyderabad on May 2022 from Association of Community Ophthalmology of India (ACOIN). He was privileged to receive a standing ovation from the audience for his oration on “Taking eye care to the doorsteps”.



Dr. Praveen Krishna and Dr. Vasumathy Vedantham were honoured as “Distinguished Ophthalmology couple of India” at the National conference of Community Ophthalmologists at Pahalgam, Kashmir on 10th Sept 2022.



Dr. Vasumathy Vedantham was recognised as “Woman Leader in Ophthalmology-2022” by Women Entrepreneur India Magazine.



Our doctors received the divine photo of the Lord from Tirumala Tirupati Annadaana Trust for the free cataract surgery initiatives of Radhatri Nethralaya.



Dr. Vasumathy Vedantham was felicitated as a “Woman Achiever” and was given Vocational award of Excellence by Rotary Club of Chennai Coastal on Women’s Day.

Spreading Smiles



One of Dr. Vasumathy's patient whom she had treated 14 years ago gifted her a Silk Saree and wrote a sweet letter addressing her as "His Special Doctor".



Dr. Vasumathy was pleasantly surprised to receive paintings from master Prahlad, a gifted child.

Rare Surgeries

An 8 year old boy from a village near Tiruvannamalai was rushed to Radhatri Nethralaya following a cracker injury caused when a rocket cracker misfired and flew into his eyes. Dr. Vasumathy Vedantham and her team handled the surgery under General Anaesthesia. A big rocket piece was removed from his eyes and the patient is seeing well now. This unique and rare surgery was also well covered in press reports in leading newspapers.

Rare eye surgery done by Dr. Vasumathi

An Eight year boy from a village near Tiruvannamalai was rushed to Radhatri Nethralaya following a cracker injury. The child was an innocent bystander when a rocket misfired and flew into his eyes. A big piece was lodged in the retina with extensive bleeding. A gruelling two hour surgery was carried out at Radhatri Nethralaya, by the team headed by Dr. Vasumathy Vedantham, Vitreoretinal surgeon and anaesthetist Dr. Karthikeyan. Vitrectomy with silicone oil injection, removal of the foreign body, endo-tamponade and scleral wound repair was done under general anesthesia using Constellation vitrectomy and Mindray Anaesthesia machines. Postoperatively, the child was seeing well. Dr. Vasumathy said that cracker injuries to the eye are on the rise every year not just during Diwali but also at other times of celebration. Awareness about first aid measures needs to be improved to prevent blindness and to achieve this, Radhatri Nethralaya conducts annual hands on workshop every year for school students, she added.



laid was rushed to Radhatri Nethralaya (12, Hindi Prachar Sabha Street, T. Nagar) in the wee hours of the morning following a cracker injury. The child was an innocent bystander when a rocket misfired and flew into his eyes. A big piece was lodged in the retina with extensive bleeding.

A gruelling two hour surgery was carried out at Radhatri Nethralaya, by the team headed by Dr. Vasumathy Vedantham, Vitreoretinal surgeon and anaesthetist Dr. Karthikeyan. Vitrectomy with silicone

laser and scleral wound repair was done under general anesthesia using Constellation vitrectomy and Mindray Anaesthesia machines.

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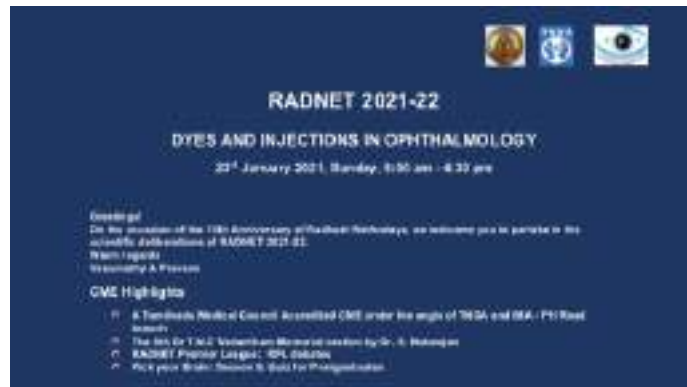
Legends

- 1.) The child with the surgical team at Radhatri Nethralaya, headed by Dr. Vasumathy and Dr. Karthikeyan.
- 2.) The big rocket piece removed from the retina.



RADNET 2021-22

Radnet 2021-22, the annual Continuing Medical Education (CME) programme by Radhatri Nethralaya was an online event in Jan 2022. The Eighth Dr. TNC Vedantham Memorial Oration by a person who has contributed immensely to Ophthalmology in the memory of late Dr. TNC Vedantham delivered by Dr Natarajan, Aditya Jyot Hospital, Mumbai during RADNET 2021-22, virtually and streamed live pan India.



The prestigious Tamilnadu Medical council accreditation of RADNET 2021-22.



The postgraduate eye doctors, winners of RADNET 2021-22 quiz with their certificates and trophy at Radhatri Nethralaya.



Dr. Natarajan receiving the 8th Dr. TNC Vedantham Memorial oration and citation at Radhatri Nethralaya after RADNET 2021-22 (virtual meet).

RADNET 2022-23



The ninth Dr. TNC Vedantham Memorial oration delivered by Dr. Vishali Gupta, chief, Vitreoretinal services, of the prestigious PGI, Chandigarh at RADNET 2022-23, at GRT Grand, on Jan 22nd. Pleasure to have Dr. Vishali Gupta, president International Uveitis Society, professor of ophthalmology PGI, Chandigarh visit Radhatri Nethralaya.

She delivered the 9th Dr. TNC Vedantham Memorial oration at RADNET 2022-23. The oration award was given away by noted Carnatic Musician, Smt. Nithyashree Mahadevan, who lauded the clinical excellence of Radhatri Nethralaya in her speech. She even enthralled the audience with an impromptu song on eyes.



The Inaugural ceremony of RADNET 2022-23 by Prof Viswanatha Raghavan, trustee of Gurupriya Vision Research Foundation, the public charitable trust of Radhatri Nethralaya.



12 Postgraduate teams from top medical colleges participated for the annual quiz : “Pick your Brain” by Dr. Vasumathy.



A few glimpses of RADNET 2022-23



இந்து தமிழ் திணை



தலைவர் (மா. அமைச்சர்) இ-வருக்கு அன்பு செய்தி அளிப்பது குறிப்பிடத்தக்க செய்தி. இது அமைச்சர் செய்து வரும் பல்வேறு சிறப்பான நடவடிக்கைகளில் ஒன்றாகும். இவ்வாறு செய்தி அளிப்பது குறித்து அமைச்சர் செய்து வரும் பல்வேறு சிறப்பான நடவடிக்கைகளில் ஒன்றாகும். இவ்வாறு செய்தி அளிப்பது குறித்து அமைச்சர் செய்து வரும் பல்வேறு சிறப்பான நடவடிக்கைகளில் ஒன்றாகும்.





Unique Initiatives

NETHRA'22

Radhatri Nethralaya organized two live online music shows Nethra'22 and Nethra'23 towards for creation of corpus fund for the treatment of preterm babies of underprivileged parents with ROP.



NETHRA'23



Both were online music shows with Timbre Tones group. Dr. Vasumathy herself joined the singers in regaling the 4000 plus audience. The events were telecast live on the youtube channel of Radhatri Nethralaya.



The events can be watched on,

- Nethra'22: <https://www.youtube.com/live/3QaX-A4UzuQ>
- Nethra'23: <https://www.youtube.com/live/IINkrPEl544>

Nethra'23 had also the performance by Ms. Jyothi a visually challenged and autistic singer.

11th Annual Diwali Workshop

Radhatri Nethralaya and RCCT organised the 11th annual hands on Diwali workshop on first aid following cracker injuries to the eye for students and teachers. More than 90 students from 30 schools across the city participated in the workshop. All students received first aid kit and certificates of participation and hundreds of brochures illustrating safety measures been distributed back in their schools. The chief guest was Col. Rahul Raj, Indian army. The workshop is organised annually by Radhatri Nethralaya under the aegis of its public charitable trust: Gurupriya Vision Research Foundation.





#lendyourvoiceforROP

We started a unique awareness initiative along with some celebrities who lent their voice in order to promote awareness about ROP - blinding disorder affecting preterm babies. Veteran Actor Bhagyaraj , Carnatic musician Smt. Nithyashree Mahadevan, Singer Karthik, Actors Nizhalgal Ravi, Anand, Mirchi Siva and Ashwin, Models Rajesh Narang and Rajie Vijaysarathy, and Pianist Anil Srinivasan were among some of the celebrities who lent their voices.



Veteran actor Bhagyaraj lends his voice for ROP: the blinding disorder affecting preterm babies



#lendyourvoiceforROP #RetinopathyofPrematurity #ROP #RadhatriNethralaya #childhoodblindness



Singer Karthik on ROP#RadhatriNethralaya #Lendyourvoice #retinopathyofprematurity #DrVasumathy



#lendyourvoiceforROP#RetinopathyofPrematurity#ROP#RadhatriNethralaya #childhoodblindness



#lendyourvoiceforROP #RetinopathyofPrematurity #ROP #RadhatriNethralaya #childhoodblindness



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#lendyourvoiceforROP #RetinopathyofPrematurity #ROP #RadhatriNethralaya #childhoodblindness



#lendyourvoiceforROP #RetinopathyofPrematurity #ROP #RadhatriNethralaya #childhoodblindness



Ashwin on ROP #lendyourvoiceforROP #retinopathyofprematurity #RadhatriNethralaya #childhoodblindness

Our Interaction with Dignitaries



**Shri Srinivasan,
Chairman, India Cements**



**RW Bro Shri Bharat V Epur Reddy, prestigious
Grand Conclave of the order of the Secret
Monitor**



**Dr. Surjit Kaur,
National President, Inner wheel Clubs of India**



**Lt Gen Arun, felicitating Drs Praveen Krishna and Vasumathy for their eye
care services to the Indian army personnel.**

Our Charitable Activities

PROJECT KANNOLI

Radhatri Nethralaya conducted several Kannoli camps (free cataract surgery camps) under the aegis of its public charitable trust: Gurupriya Vision Research Foundation for the downtrodden. Tribal communities and Irulas were the main beneficiaries of these camps.



SAVE SIGHT GIVE LIGHT!

Free vision screening camps for school children were conducted by Radhatri Nethralaya in several schools and orphanages. Many of the children identified to have advanced eye issues were brought to by Radhatri Nethralaya for specialised testing and plan for treatment.



VISION ON WHEELS

The rural teleophthalmology project of Radhatri Nethralaya continued in 2022 despite COVID. Everyday our van with dedicated teams travelled to far flung areas of rural Tamilnadu and Andhra Pradesh with hand held retinal cameras to screen eyes of preterm babies for the blinding condition called ROP.



PROJECT RADAR

On the occasion of World diabetes day, the annual Project RADAR (Radhatri Nethralaya Diabetic Retinopathy project in Association with Rotary) was launched for the tenth consecutive year by DG Rtn. Dr. Nandakumar at Radhatri Nethralaya on 14 th Nov 2022. He released pamphlets promoting awareness on Diabetic Retinopathy, the blinding condition due to diabetes. Camps were conducted in several places such as parks and urban slums using Artificial Intelligence (AI) based retinal cameras.



Thanking our Benefactors



Thank you Karur Vysya Bank for supporting Nethra'22 and Nethra'23: an online music show by Radhatri Nethralaya in aid of treatment of babies with ROP: the blinding disorder affecting preterm babies.



Thank you Inner Wheel for being a pillar of support to project Balanethra of Radhatri Nethralaya which offers free vision preserving laser surgery to Preterm babies belonging to underprivileged parents.



Thank you JC Jewellers for donating the state of the art Anaesthesia workstation to help in vitrectomy surgeries of preterm babies belonging to underprivileged sections of society.





Thank you Rotary Club of Chennai
Coastal

Radhatri Nethralaya wishes to thank
its patron Shri Ranka ji for donating
blankets for less privileged patients



Cetex Petrochemicals partners with
Gurupriya Vision Research
Foundation, the public charitable trust
of Radhatri Nethralaya to prevent
needless childhood blindness.

Thank you Shri Gautam Kataria, a
patron of Project Balanethra which
offers free vision preserving laser
surgery to preterm babies belonging to
poor socioeconomic background.





Patients become patrons, thank you Smt and Shri Srinivasan for the support towards project Balanethra.

Thank you Dr Rajini for being a pillar of support to Project Balanethra.



Project Balanethra receives support from Sadhu Vasvani Centre.



Thank you Rotary Club of Chennai Towers





Freemasons lodges Ramaprasad, Mount, Srinivasa Gopala and Fortitude have been a great pillar of support to Project Balanethra which offers free vision preserving laser surgery to preterm babies belonging to poor socioeconomic background.



Celebrations



Radhatri Nethralaya celebrating the success of RADNET 2021-22 with the staff. The highlights were Dr. Praveen Krishna serving the food himself to everyone, the banter and laughter of the staff, yummy South Indian food and giving our insurance coordinator Mrs Sivakami the Star Employee Award for the last quarter of 2021 Oct to Dec 2021.



On Women's day, our super girls held yellow roses to signify the dynamic women power of Radhatri Nethralaya.



World Optometry Day was celebrated in Radhatri Nethralaya. All our optometrists cut the delicious cake and joined the celebration.



Our senior citizen patient hoisting the Indian flag on Republic day.



Beautiful Pongal Kolams by our staff on Pongal day.

RN in Limelight



The achievements, accolades and appreciations of Radhatri Nethralaya were well captured by the press.





Rachel was an abandoned female orphan from Meghalaya who had undergone free Vitrectomy under General Anaesthesia during peak COVID against all hurdles at Radhatri Nethralaya in 2020. The NGO who had referred the baby for the free surgery thanks us in this interview published in the New Indian Express, Sunday edition

Fun Facts



From Patients with Love



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I have been consulting Dr. Vasumathy and Dr. Praveen Krishna of Radhatri Nethralaya Hospital for the past 4 years for my eye problems – Dryness of eyes and associated issues. Both the doctors are experts in their areas of specialization. They are very attentive to the specific needs of all individual patients. They and their supporting staff are professionally and personally service oriented, particularly to senior citizens like me. The hospital is fully equipped. The kind and courteous treatment is unique feature of the hospital.

- Mrs. K Subbalakshmi

“



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As soon as preterm babies were born for us in 7 months, we were referred to Dr Vasumathy for treatment of ROP. And we have get a very good excellent treatment for our children. They scheduled regular follow-ups after Laser treatment to treat ROP. Now after 1 year of baby birth, we came for follow up & we were excited to hear that our babies are healthy with good vision. I thank Radhatri Nethralaya for helping us with treatment of ROP of our babies.

-By Mother of Baby Aadhiran & Deekshithan



Donations

You can donate to the Trust and partner with us to prevent needless blindness in several ways.

- You can support the general eye camps, which are held in schools, villages, slums and public places like parks for free eye examination of the members of the public.
- You could suggest places to hold camps/help us in organising camps. You could support cost of an eye camp by a contribution of Rs. 10,000.
- You can support the subsidised cost of the glasses for poor patients seen in the camps by contributing Rs.400 for a pair of spectacles made by glass and Rs.600 for a pair of spectacles made of unbreakable plastic.
- You can support the subsidised cost of a cataract surgery for a poor patient by contributing Rs.5,000.
- You can save the tender vision of tiny infants, who are in immediate need of ROP laser surgery. You can support the subsidised cost of ROP laser surgery in one eye by contributing Rs.5000.
- You can support the cost of a single visit of “VISION ON WHEELS“ van to screen babies in rural areas which amounts to Rs. 10,000.

Contact Details

Dr. Vasumathy Vedantham MS, DNB, FRCS, FIAMS (Managing Trustee)

Please draw your cheque in the name Gurupriya Vision Research Foundation and send it to:

**Gurupriya Vision Research Foundation
(The Public charitable trust of Radhatri Nethralaya)
12, Hindi Prachara Sabha Street
T. Nagar, Chennai 600017, India
Ph: (044) 24332229, 24311 550,
+919445438681**



Dr. Vasumathy Vedantham was conferred the 1st ever prestigious Dr. Badrinath Sankara Nethralaya Gold medal for her 20 years of work in Retina at the Tamil Nadu state conference at Coimbatore on August 2022.

She received the gold medal and citations from the presidents of Tamil Nadu Ophthalmic Association (TNOA) and All India Ophthalmic Society (AIOS).

